

7th grade prayer list

Holy Water Etiquette

Worshippers dip their right fingertips into the holy water font as they enter church and make the sign of the cross. Repeat before exiting the church.

The Sign of the Cross

In the name of the Father,
The Son, and the Holy Spirit. Amen

(Make the Sign of the Cross before and after saying prayers. Please make sure your child is using his/her right hand, and going from forehead to the heart or stomach, to the left shoulder and then the right shoulder.)

Proper Genuflecting (Kneeling)

We genuflect (to bend the knee) to show honor and servitude to Jesus Christ present in the Blessed Sacrament (whether in the tabernacle or exposed in the Monstrance during Eucharistic Adoration).

Everyone should genuflect (kneel) toward the tabernacle on the right knee so that it touches the ground whenever entering or leaving a pew, except during communion. During Eucharistic Adoration, adorers genuflect on both knees when Jesus is present in the monstrance.

Grace Before Meals

Bless us, O Lord,
and these, Thy gifts,
which we are about to receive
from Thy bounty,
Through Christ, our Lord. Amen

Our Father (The Lord's Prayer)

Our Father, who art in heaven,
hallowed be Thy Name.
Thy Kingdom come, Thy Will be done,
on Earth as it is in Heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace;
the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Guardian Angel

Angel of God, my Guardian dear,
to whom God's love commits me here,
ever this day be at my side-
to light and guard,
rule and guide. Amen.

Glory Be

Glory be to the Father, the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen

Act of Contrition

O, my God, I am heartily sorry for having offended Thee.
And I detest all of my sins because I dread the loss of heaven
and the pains of hell, but most of all, because I have offend
Thee, my God, Who art all good and deserving of my love.
I firmly resolve, by the help of Thy grace, to confess my sins,
to do penance, and to amend my life. Amen

The Ten Commandments

1. I am the Lord, your God, you shall not have other gods before Me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Sabbath day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

THE MYSTERIES OF THE ROSARY

THE JOYFUL MYSTERIES

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

THE LUMINOUS MYSTERIES

1. The Baptism in the Jordan
2. The Wedding Feast at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration of our Lord
5. The Institution of the Holy Eucharist

THE SORROWFUL MYSTERIES

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

THE GLORIOUS MYSTERIES

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of the Blessed Virgin Mary
5. The Coronation of the Blessed Virgin Mary

Fatima Prayer

Oh, my Jesus, forgive us our sins, save us from the fires of hell.

Lead all souls to heaven, especially those most in need of Thy mercy. Amen

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, Hail our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us, and after this, our exile show unto us the blessed fruit of Thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

Pray for us, O holy Mother of God
That we may be worthy of the promises of Christ.

St. Michael, the Archangel

St. Michael, the Archangel, defend us in battle!

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray. And do thou, O Prince of the Heavenly Host, by the power of God, thrust into Hell,

Satan and all the evil spirits who prowl about the world, seeking the ruin of souls. Amen

Apostles Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
He ascended into heaven, and is seated at the right hand
of God the Father almighty;
from there he will come to judge
the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of Virgins, my Mother; To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen

Morning Offering

O Jesus, through the Immaculate Heart of Mary,
I offer You my prayers, works, joys, and sufferings of this day,
in union with the Holy Sacrifice of the Mass throughout the
world. I offer them for all the intentions of Your Sacred
Heart: the salvation of souls, in reparation for my sins, for the
intentions of our associates, my loved ones, and fellow
adorers, and in particular for those of our
Holy Father, Pope Benedict. Amen