

1st grade prayer list

Holy Water Etiquette

Worshippers dip their right fingertips into the holy water font as they enter church and make the sign of the cross. Repeat before exiting the church.

The Sign of the Cross

In the name of the Father,
The Son, and the Holy Spirit. Amen

(Make the Sign of the Cross before and after saying prayers. Please make sure your child is using his/her right hand, and going from forehead to the heart or stomach, to the left shoulder and then the right shoulder.)

Proper Genuflecting (Kneeling)

We genuflect (to bend the knee) to show honor and servitude to Jesus Christ present in the Blessed Sacrament (whether in the tabernacle or exposed in the Monstrance during Eucharistic Adoration).

Everyone should genuflect (kneel) toward the tabernacle on the right knee so that it touches the ground whenever entering or leaving a pew, except during communion. During Eucharistic Adoration, adorers genuflect on both knees when Jesus is present in the monstrance.

Grace Before Meals

Bless us, O Lord,
and these, Thy gifts,
which we are about to receive
from Thy bounty,
Through Christ, our Lord. Amen

Our Father (The Lord's Prayer)

Our Father, who art in heaven,
hallowed be Thy Name.
Thy Kingdom come, Thy Will be done,
on Earth as it is in Heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace;
the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Guardian Angel

Angel of God, my Guardian dear,
to whom God's love commits me here,
ever this day be at my side-
to light and guard,
rule and guide. Amen.

Glory Be

Glory be to the Father, the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen